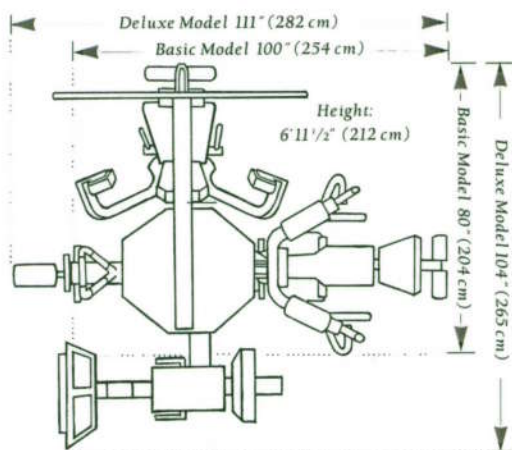




STRENGTH TRAINING TOWER



Over 50 strength training exercises! Designed for extreme workouts, the Strength Training Tower has been engineered for safety, function and durability. It combines all the stations of a modern health club into one compact machine. Flat Bench Presses, Incline Presses, Decline Presses, Shoulder Presses, Pectoral Flies, Lat Pulldowns, Vertical Knee Raises, Dips, Ab Crunches, Leg Extensions, Leg Curls and Squats—these are just a few of the many movements that can be performed on the Basic Model. The Deluxe Model includes a Leg Press / Calf Raise Station and a Multi-Hip Station for the greatest possible lower body conditioning. Basic Model fits comfortably into any corner, and with the Deluxe Model you may decide to display this gym in the center of the room. As you might expect, the Strength Training Tower has advanced features that include a no-cable-change design for maximum efficiency and maximum results. It's the ultimate in workout convenience. It's a machine designed to satisfy the most demanding fitness enthusiast.

SPECIFICATIONS

Basic Model: EXT-8800 / 2S

Deluxe Model: EXT-8800 / 4S

Instructional Workout Chart Included

Standard Weight Stack: 210 Lbs. each (95 kg)

Dimensions: (see scale drawing at left)

Pulleys: Fiberglass reinforced nylon pulleys with V-grooved channels and precision ground, sealed ball bearings.