

PRO-SMITH GYM

Over 50 Strength Training Exercises!

It's a powerhouse that's often imitated . . . but never duplicated. Unique features include Body-Solid patented bushing system with super smooth sliding carriages. The Pro-Smith Gym is a machine designed specifically for the serious lifter. The strongest muscle system available, it out-powers, out-accelerates and out-builds all the rest. No other machine offers a range of exercises as thorough as the Pro-Smith Gym. This gym allows you to do supersets for super growth. With special stations available, this Gym will take you into the world of high-performance fitness. Push yourself to the max!

Outside . . . world-class strength. Inside . . . precision movement.

Underneath both, advanced engineering and materials that result in smooth, fast, safe workouts without compromise.



Decline Press



Squat



Chin Up / Pull-Up



Seated Row

