

## CRSG RECUMBENT BIKE

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The Steelflex CRSG Recumbent Bike Exclusive Swing Arm Design allows easy access to users of all sizes. When the swing arm is moved to the right, the user has an unobstructed forward view, yet can easily see and operate the controls. The Steelflex CRSG can be positioned from directly in front of user, all the way to 45 degrees to the right of user.

### SPECIFICATIONS

**Special Features** - Integrated water bottle holder with accessory storage, towel rack.

**Display** - 8 x 8 x 4 Matrix LED Display 4 Window LED Display

**Display Feedback** - Time, Distance, RPM, Heart Rate, Work Level, Watt, Speed, Calories, Pulse, METS

**Programs** - Total programs (8)  
Manual, Interval, CV Workout, Fat Burn, Heart Rate Control, Rolling Hills, Pulse, Random

**Tension Control** - Program Control

**Resistance Levels** - 24

**Resistance System** - ECB Resistance

**Power Requirements** - Self Generating

**Watt** - 250 Watts

**Pedals** - Self balancing with easy adjust straps

**Fore / Aft Seat Adjustments** - slider seat rail system with quick and easy lever adjustment

**Vertical Seat Adjustments** - N/A

**Transport Wheels** - Yes

**Heart Rate Monitor** - Wireless and Contact Grips

**Max User Weight** - 400 lbs (180 kg)

**Product Weight** - 154 lbs (70 kg)

**Dimensions** - 68" x 35" x 51" (172 x 89 x 128 cm)



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