



Hydraulic Series_

The Perfect Set.

These Steelflex Hydraulic machines are specifically designed for circuit training, rehabilitation and resistance training.

For targeted muscle workouts with smooth friction-free movement they simply can't be beaten!



Full Circle Training Body Challenge



Circuit Training

A form of conditioning combining resistance training and high-intensity aerobics.



Authorised UK Distributor: BODY-SOLID UK "NORTH WEALD, ESSEX CM16 6AA