



# PPR200X

### Powerline Power Rack

#### Optional Attachments:

PLA200X

Lat Attachment

BC2X

Bar Catches

SCB26

Squat/Calf Block



### PPR200X Powerline Power Rack

Fire up your workouts on one of the first inventions that allowed weightlifters to workout safely and effectively, the Power Rack! With the wide "walk-in" design there is plenty of side-to-side movement for a variety of exercises such as squats, incline, decline, flat and military presses as well as shrugs and calf raises. Complete with 18 positions, two heat tempered lift-offs and two saber style safety rods so you can keep your exercise routine the way it should be: simple and effective.

Dimensions: 83"H x 71"L x 66"W

## Special Features

- · Wide "walk-in" design
- · 18 adjustment levels
- · Upright pillars are a full 24" apart for free motion
- · 41" wide knurled chinning bar
- Heat tempered lift-offs and saber-style safety rods keep your workouts simple, safe and effective