

# Body-Solid®

GDIB46L

PowerCenter Combo Bench

## OPTIONS



**GPCA1**  
Preacher Curl Bench



**GLRA81**  
Lat Pulldown/Row Station



**CERTIFIED**

**EN957**

### GDIB46LP4

#### PowerCenter Combo Bench Package

The PowerCenter Combo Bench is a Flat Bench, Incline Bench, Decline Bench, 90° Shoulder Press Bench, and Seated Leg Developer all in one. You can see the dynamics of this bench as soon as you glance at the multi-position, telescoping uprights that safely hold the bar for bench exercises. The 6-position Flat/Incline/Decline/Bench features pop-pin adjustable DuraFirm™ seat and back pads that are extra-thick, ultra-comfortable, and will never bottom out.

The rock-solid strength and stability of the PowerCenter Combo Bench comes from the extra-heavy 12-gauge all-4-side welded high tensile strength steel mainframe. Strengthen, tone, and develop your knee, thigh, hamstring, and glute muscles with the six-roller Leg Extension/Leg Curl Station included with the PowerCenter Combo Bench. Thick, oversized foam rollers provide complete comfort through heavy lower body routines.

### Special Features

- Includes Leg Developer
- 6-Position Flat/Incline/Decline/GPCA1/GLRA81
- DuraFirm™ back and seat pads
- Adjustable Uprights

