

Product Data Sheet

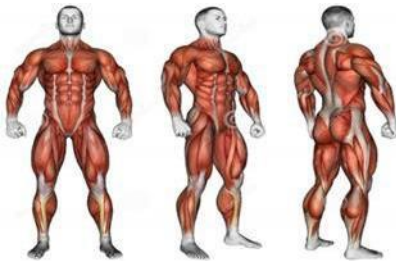


Multi-User Home Gym (MG3000)

Strength Training Gym

Go beyond your Goals...

One of our most functional stations, the Multi Gym 3000 features three stations in one – with each bench seat offering a diverse range of exercises. Adjustable seating, pulleys and handles ensure you can target the muscle group of choice in a comfortable and effective way, and the ergonomic design ensures you're supported throughout your workout, keeping your posture and form in the best position for peak performance.



Best ideas of muscle groups

Instruction Video



Specifications:

The MG3000 Multi-User Gym Includes:

- Flat Bench Press
- Shoulder Press
- Incline Chest Press
- Leg Curl/Leg Extension
- Lat Pulldown
- Mid-Row Pull Station
- Standard Weight Stack: (3x 210Lb Weight Stacks for multi-user)
- Frame Finish: One-coat powder process, electrostatically applied powder coat finish
- Instructional Placard
- Handgrips
- Cables: 7x19 stainless steel tensile strength
- Product Weight: 1204Lbs (547Kg)
- Dimensions (LxWxH):
3450x 2190 x 2120 mm/136" x 86" x 83.5"



Available to order direct from your UK Distributor:

Body-Solid
Bassett Business Centre
Hurricane Way
NORTH WEALD
CM16 6AA
Sales: 0871 2002477
Online: bodysolid.co.uk