



## PCC090X

### Powerline Cable Crossover Machine

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*Tricep Pressdown*



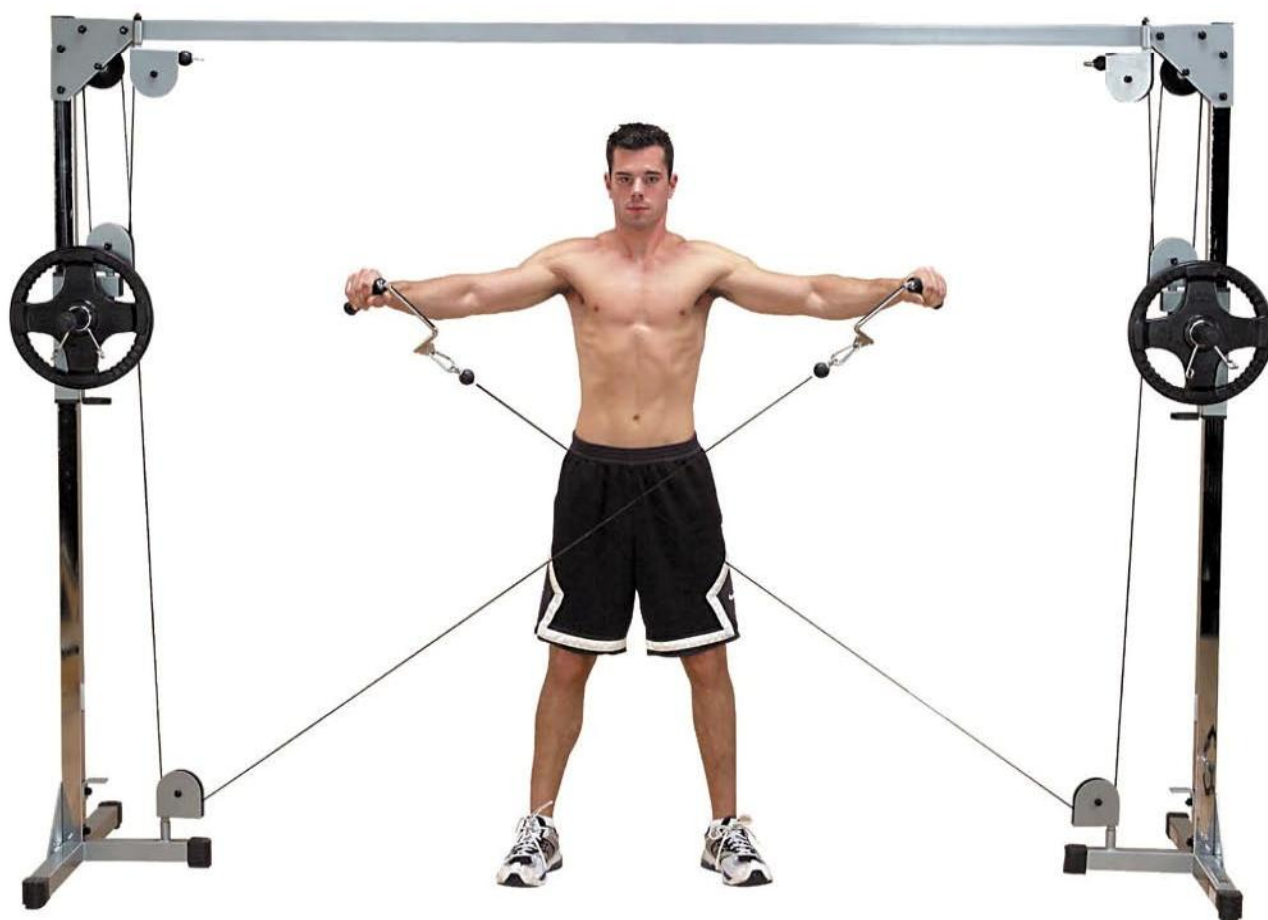
*Leg Kickback*



*Tricep Extension*



*Incline Fly*



#### **PCC090X** **Powerline Cable Crossover Machine**

There is no better way to achieve total body conditioning than with this strong performer. The trustworthy design lets you exercise virtually every major muscle group in your body. Sturdy construction of the extra wide and tall mainframe provides you with easy access to an endless array of high and low pulley exercises. Your workout options become unlimited when you invest in one of the most versatile and functional machines manufactured today.

*Dimensions: 82"H x 112"L x 39"W*

#### ***Special Features***

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- Large diameter pulleys provide maximum cable life and smooth operation
  - Carriage system travels on nylon bushings with four high resin pulleys on each side
  - Accepts both Olympic and standard plates
  - Includes two cable handles and one ankle strap
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