



## PLM<sub>180</sub>X

## Powerline Lat Machine



Seated Rou

Weight plates and collar sold separately.



## PLM180X Powerline Lat Machine

Perform a wide variety of upper body building exercises like lat pull downs, triceps press downs, seated rows, upright rows and more. Features dual position 8" foam rollers to hold you in position and patented nylon bushings for super smooth operation.

Dimensions: 80"H x 48"L x 25"W

## Special Features

- · Heavy gauge steel construction
- · Electrostatically applied powder coat finish
- · 1" diameter weight posts
- · 500 lb. weight capacity
- · Lat Bar and Low Row Bar included