

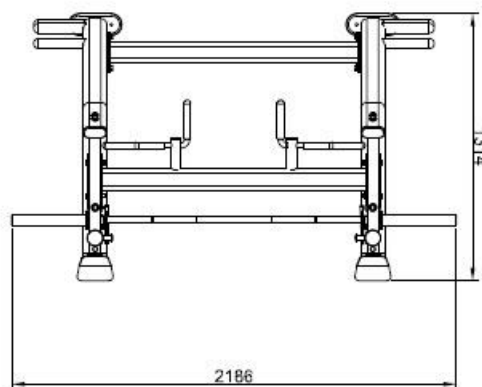
MSM (Smith Machine)

Pull out all the stops with the MSM Counter-Balanced Smith Machine!

Leverage safety and stay in control of your workouts! The Steelflex MSM Smith Machine is the ideal partner for a total body workout in any space-challenged facility.

Counterbalanced to a comfortable 13 pounds, the MSM allows any size user to start with an appropriate amount of resistance, then handles up to 1,000 pounds with ease. Its smooth vertical carriage ensures freedom of biomechanically correct movement as you move safely and efficiently through routines that can include bench press, chest press, military press, squats, lunges, curls, shoulder shrugs and dozens of other muscle-massing exercises.

Oval 11-gauge steel gives the MSM a modern look and fantastic stability. Case hardened rods and club-quality bearings ensure smooth performance at any weight. Add it all up and you've got the perfect smith machine for any facility



Dimensions LxWxH: 2186mm x 1314mm x 2278mm (86"x52"x90")
Weight: 430lbs/195kg