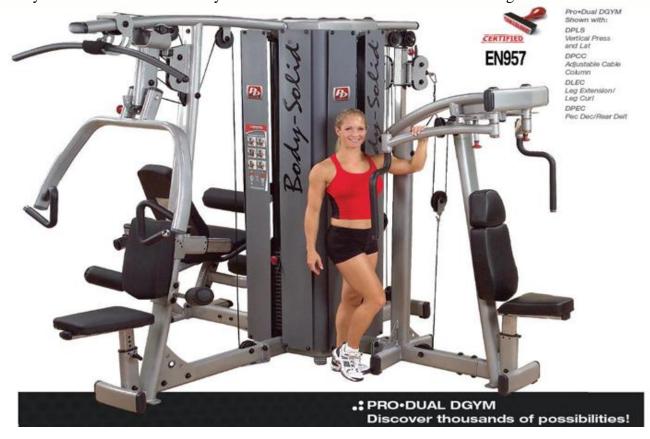
Body-Solid

PRO-DUAL

DGYM Commercial Modular Gym System

Build your workout center with any combination of three or four of the following ProÉDual stations:



PRO+DUAL BASE FRAME C

Body-Solid revolutionizes the commercial equipment market by providing a modular approach to designing your next training facility. Pro-Dual offers ten dualfunction stations that can be used in single or multiple stack arrangements. There are thousands of combinations, allowing you to customize the

The anchor of the multi-station system is the Four Stack Weight Tower. With positions for three or four stations, the space saving four stack tower provides a solid foundation for any of the ten different Pro+Dual stations (shown at right).

- Four independent weight stations
- Four universal upper and lower station mounts
- Four universal upper and lower pulley stations
- Four easy mount chrome guide rods
 Optional 210 lb, or 210 lb, weight sta
- Optional 210 lb. or 310 lb. weight stack (weights not included with base frame)

Dimensions 83°H x 38°L x 38°W

See pages 16-17 for more information about customizing your DGYM.



DABB Ab Crunch/ Back Extension



DIOT Inner Thigh/Outer Thigh



DBTC Bicep Curl/ Tricep Extension



DLAT Lat Pull-Down/Midrow



DCLP Leg Press/ Calf Extension



DLEC Leg Extension/Leg Curi



DPCC Adjustable Cable Column



DPEC Pec Dec/Rear Delt



DPLS Vertical Press and Lat



DPRS Multi-Press