

GAB60
Adjustable Ab Board



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Centered on a telescoping 2"x 2" steel beam, our Pro-Style Ab Board adjusts to 12 positions for increased or decreased difficulty when doing sit-ups or crunches. Featuring an extra wide, extra thick double-stitched DuraFirm™ pad and oversize 8" foam rollers. Ideal for home and commercial use.

Dimensions: 52"H x 54"L x 24"W

Special Features

- Lifetime warranty
- 12 adjustment levels
- Extra-wide DuraFirm™ back pad.
- Incredibly effective in isolating the entire abdominal region
- Exceptional upper back and head support maintain proper body alignment
- Unique design provides easy entry and exit
- Oversize 8" foam rollers for comfort and stability