

DPCC-SF

Pro•Dual Adjustable Cable Column

Optional Configurations:

SP300

300lb. Weight Stack (15lbs x 20pcs)



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Functional training can prove effective for individuals who need to improve balance, stability and neuromuscular coordination. The Body-Solid Pro•Dual Adjustable Cable Column offers you the freedom of movement to effectively, efficiently conduct numerous weight bearing activities targeting core muscles of the abdomen and lower back. Simple pop-pin adjustment allows the vertically adjustable pulleys to be set for over 100 exercises at a level that is comfortable for any size user. It gives you the freedom and range of motion to accomplish a total body work-out in just a 3'x4' area.

Dimensions: 39"L x 46"W x 91"H

Special Features

- Commercial rated
- Continuous welded, factory assembled weight frame
- Fiberglass reinforced nylon pulleys
- 11-gauge 2.375"x4.625" oval tubing
- Electrostatically applied powder coated
- 5.5 mm diameter, 2500 lb. rated aircraft cable
- DuraFirm™ upholstery over 2" high density foam