



SEATED CALF RAISE MACHINE

#GSCR349

- Commercial 2"x 3" heavy-gauge steel frame with all-4-side welded construction.
- Operates on a 3:1 weight ratio for developing powerful calves.
- Pillow block bearings at main pivot points for ultra smooth movement under the heaviest loads.
- Thick, comfortable DuraFirm™ knee pads and seat pad.
- Angled foot platform with no-slip surface for full range-of-motion.
- Adjustable for all size users.
- Ideal for home and commercial use.
- 39"H x 47"L x 20"W



Leg Curl



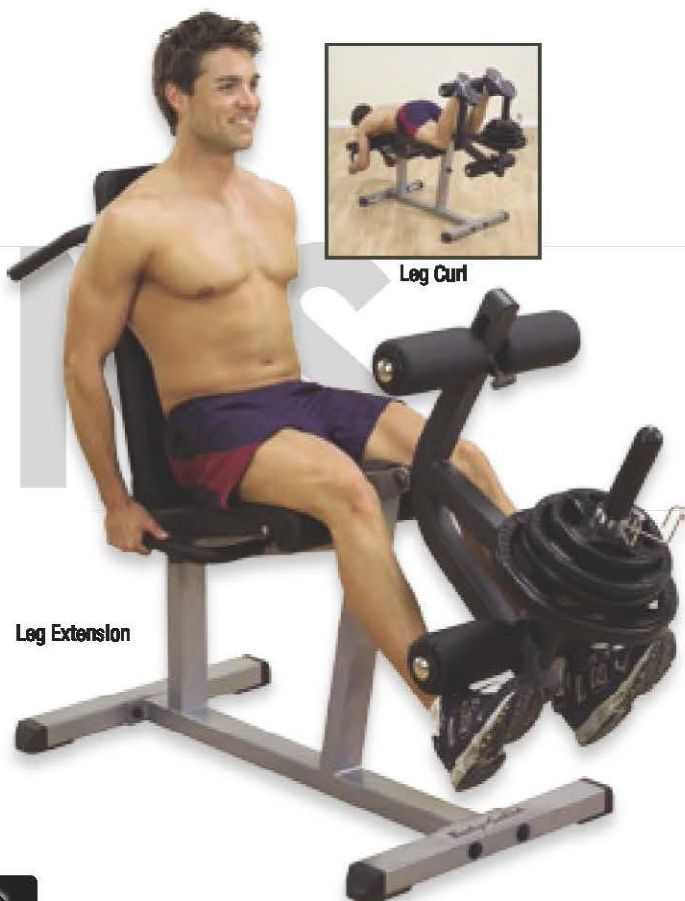
CAM SERIES LEG EXTENSION & LEG CURL MACHINE

#GCEC340

- The two most important leg exercises can now be performed from one comfortable position.
- Thick, comfortable DuraFirm™ pads and fully adjustable 7-gauge steel cam will easily accommodate any user.
- Easy-to-use pop-pin that allows adjustments to increase and control the user's range-of-motion.
- Adjustable lifting arm can be positioned for exercising both the abdominal and back muscles.
- Ideal for home and commercial use.
- 37"H x 49"L x 42"W



Leg Extension



Leg Extension



Leg Curl

LEG EXTENSION / LEG CURL MACHINE

#GLCE365

Leg extensions and leg curls produce so many benefits. They are high priority exercises with trainers, bodybuilders, coaches, and just about any fitness professional you can name. These exercises define the front and back of the leg. They strengthen the knees, hamstrings, quadriceps, and glutes. They also serve to protect the knee and joints from stress and injury. Body-Solid Leg Extension / Leg Curl Machine are engineered with the user in mind. These machines adjust to fit your body comfortably and position you for optimum exercise posture.

- Commercial 2"x 3" heavy-gauge steel frame with all-4-side welded construction.
- Fully adjustable for any size user, the recumbent DuraFirm™ back pad with hold-down grips can be set to 3 upright positions and 2 supinated positions for traditional leg curls.
- Hold down grips on both back and thigh pads for support and stability.
- DuraFirm™ pads are extra-thick and double stitched for comfort and support.
- Oversized 8" foam rollers pop-pin adjust both vertically and horizontally for a proper fit.
- Wide base eliminates rocking for a solid leg workout.
- Ideal for home and commercial use.
- 31"H x 74"L x 27"W

BACK

* Sleeves, Bars, Plates, & Collars sold separately.

NEXT