



Perform a multitude of exercises.



CABLE CROSSOVER MACHINE

#GCC0150S

Our advanced Cable Crossover Machine exercises virtually every muscle group in your body. Uniquely designed to train Legs, Arms, Chest, and Back muscles, this machine is one of the most functional and versatile training units available. The wide and tall design provides easy access and an endless array of High, Mid, and Low Pulley exercises. Fully adjustable pulleys swivel through a 180° range of movement, providing frictionless resistance in all directions.

- Commercial 2"x3" heavy-gauge steel frame with all-4-side welded construction.
- Fully adjustable for any size user, the recumbent DuraFirm™ back pad with hold-down grips can be set to 3 upright positions and 2 supinated positions for traditional leg curls.
- Hold down grips on both back and thigh pads for support and stability.
- DuraFirm™ pads are extra-thick and double stitched for comfort and support.
- Oversized 8" foam rollers pop-pin adjust both vertically and horizontally for a proper fit.
- Wide base eliminates rocking for a solid leg workout.
- Ideal for home and commercial use.
- 31"H x 74"L x 27"W



2 users can workout simultaneously

OPTIONAL ATTACHMENT & UPGRADE



Lat Pull-Up / Chin-Up Station

Features lock-down dual grips with infinite variable width spacing that allows full extension and contraction when doing chin-ups and lat pull-ups. #GCA2



Aluminum Pulley Upgrade

Enhance the look of the Cable Crossover Machine with the Aluminum Pulley Upgrade. #GAP150

"I highly recommend this line of equipment and will continue to upgrade with it in the future."

Mike C.
Chicago, IL

BACK

* Sleeves, Bars, Plates, & Collars sold separately.

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