

**PLATELOAD**



## Product Data Sheet

### Seated Calf Press PLSC

The Steelflex PLSC Seated Calf machine will focus your strength training on working your leg muscles directly in the calf area.

Other features include:

Sealed bearing pivot points

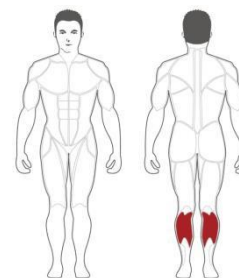
Adjustable press arms to fit all size users, with adjustable start positions

Converging press arm movement for advanced biomechanics

Independent, unilateral arm action for balanced muscle development

Designed for use with Olympic weight plates only

Olympic weight plates not included



#### SPECIFICATIONS:

- Mainframe: Heavy Duty 12 Gauge 2" x 4" (50 x 100 mm) oval tubing
- Finish: Electrostatic applied powder coated
- Hand Grips: High density foam grip
- Bearings: Industrially rated, sealed bearings at all pivot points
- Upholstery: CGPC 2+high density foam (ergonomically designed)
- Optional Upholstery Colours: Black (Standard) or Cranberry (Optional)
- Machine Weight: 96lbs (44 Kg)
- Dimensions (LxWxH): 150x 97 x 100cm/ 59+x38+x39+
- Capacity Weight: 500lbs/227Kg
- Max. User Weight: 120Kg

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