

## **EXM4000S**

### Selectorized Commercial Gym

*Optional Attachments:*

**LP40S**

Leg Press/Calf Press Station

*Weight Stack Options:*

**Three-210 lb. stack**

(LP40 adds fourth 210 lb. stack)



Shown with optional leg press

#### **EXM4000S**

#### **Selectorized Commercial Gym**

The Body-Solid EXM4000S is designed for those who demand the ultimate gym package. It offers an enormous range of upper and lower body exercises for maximum muscular strength, total body conditioning and superior endurance. Up to four people can work out simultaneously with the optional Leg Press/Calf Press Station. It fits comfortably against a wall or on display in the center of the room. The exercise stations are fed by three 210 lb. iron weight stacks and a fourth weight stack comes with the optional Leg Press Station.

*Dimensions: 91"W x 133"L x 83"H*

#### **Special Features**

- Kick-assist chest press lever allows you to move the hand grips into comfortable start and finish positions for a complete pre-stretch and full range of motion without straining
- Includes center-balanced Triceps V-Bar that allows follow through movement at optimum resistance
- The Shoulder Press Station is biomechanically designed to apply full resistance onto the deltoids so you work only the muscles not the joints
- Two Lat Pull Down stations designed for optimum development of the lats, shoulders and upper arms
- The Pec Station has dual overhead cams with six increment settings per arm provide variable starting positions and allow fine-tuning for accurate pre-stretch with optimal biomechanical movement